

## CURA BALBUZIE STAMMERING / STUTTERING STENDORO ROCCA

Since 1989 a team of specialists in Italy, under the direction of Giorgio Stendoro and Renzo Rocca, psychologists and psychotherapists, authors of numerous scientific publications and founders of the Imaginative Procedure in Psychotherapy, has been responsible for the treatment and cure of stuttering.

A thorough individual diagnostic evaluation and the eventual project for the rehabilitation treatment are fundamental to the acquisition of fluency.



### Cura Balbuzie Stendoro Rocca

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### DIAGNOSIS FIRST VISIT:

Diagnostic evaluation and eventual arrangements for therapy.

### TREATMENT: GROUP THERAPY

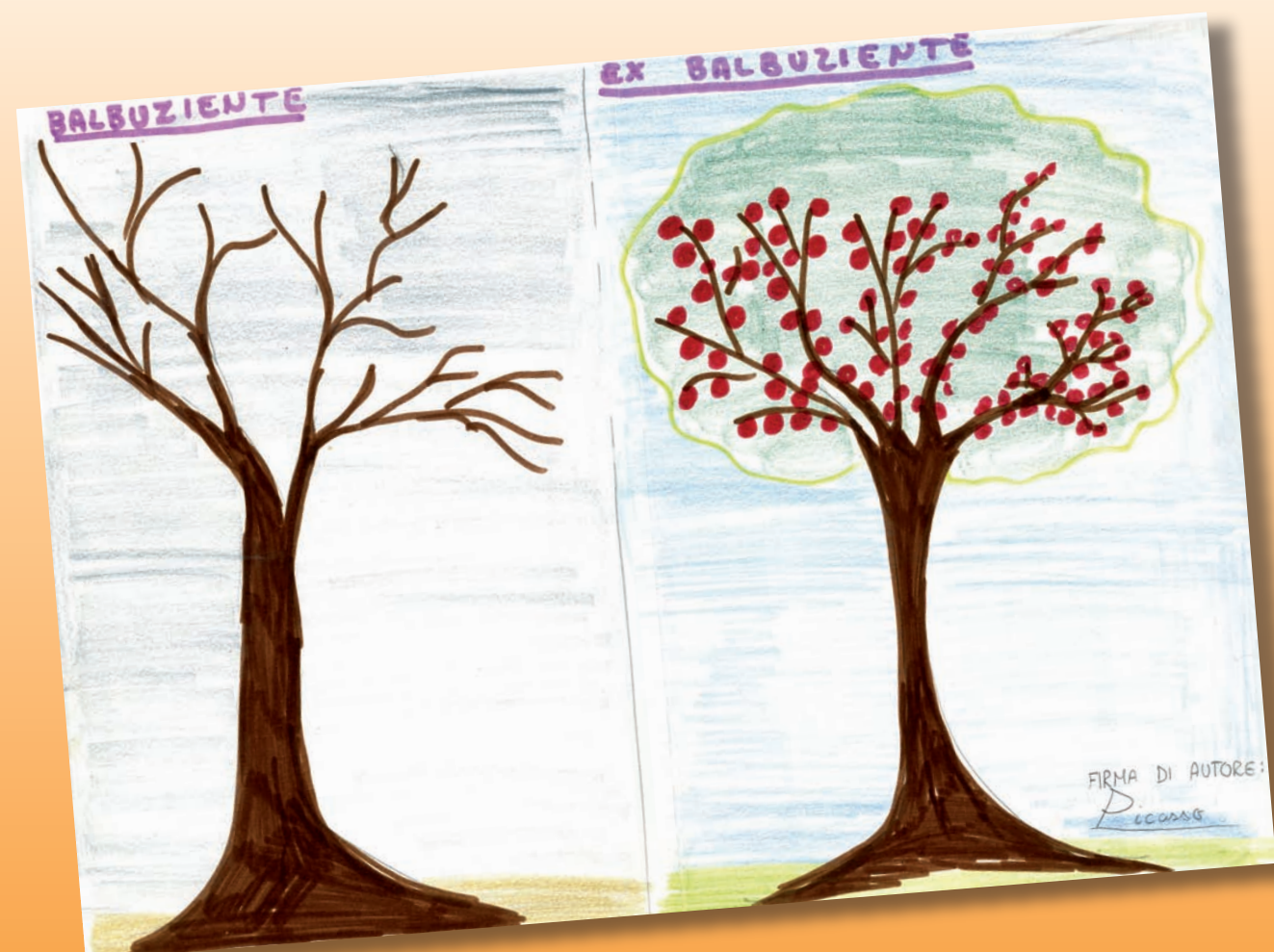
The Stendoro Rocca technique for the treatment of stuttering reinstates the rightful importance of the role of verbal communication and is structured in 17 two hour sessions, twice weekly to gain knowledge and application of the method, the reinforcement and perfection of the technique in group therapy (maximum of 6 individuals) supported by health workers and counselors, (doctors, psychologists, speech therapists), monitoring their emotional and relational progress.

#### 14 year old girl

"I am a very happy girl now because, unlike two months ago, I can have many girlfriends, I speak with boys I didn't know existed; new friendships where I can discuss family problems openly. Above all I now have a girlfriend. I am talking more than I had in 14 years!!!"

#### 23 year old boy

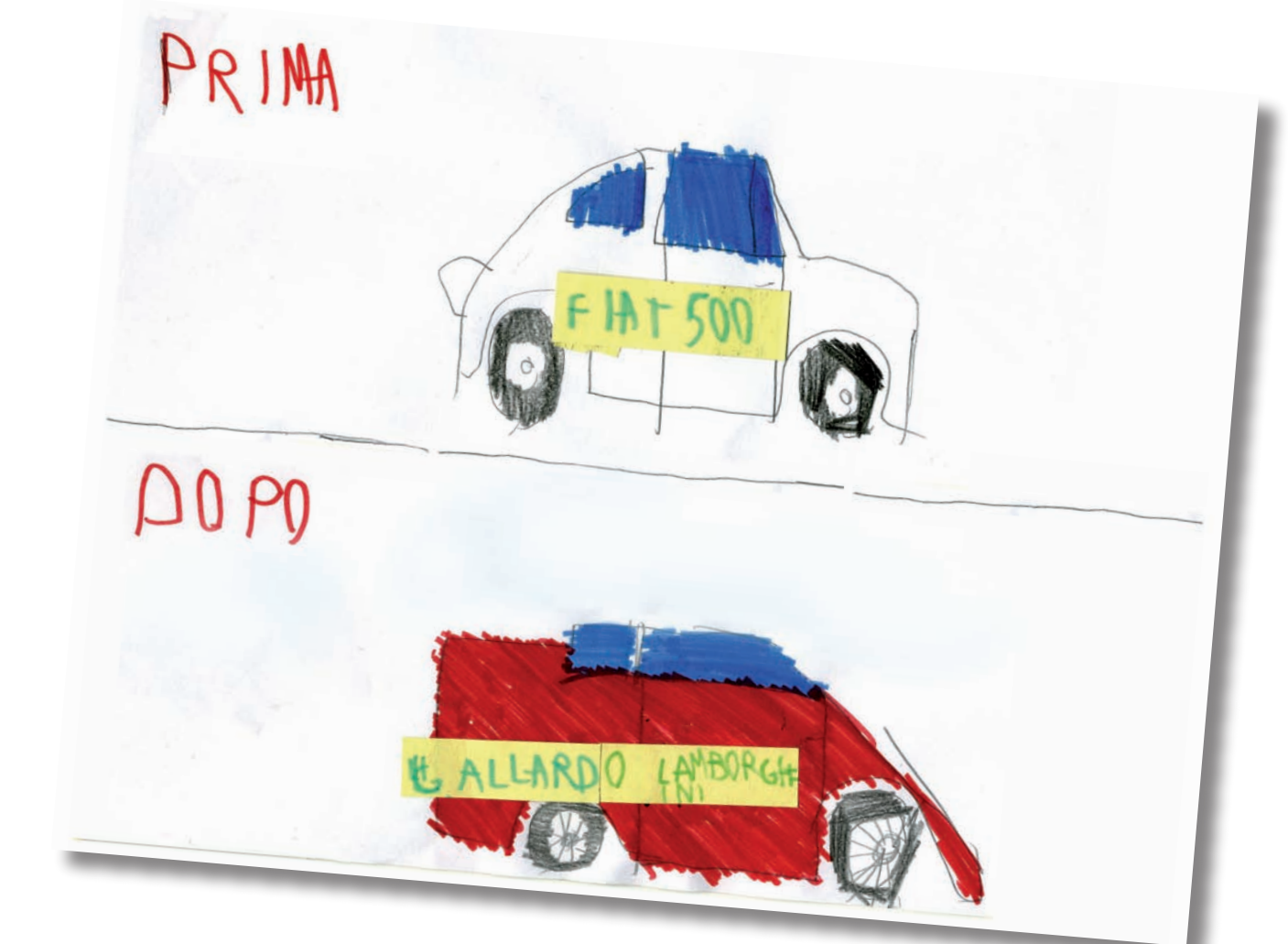
"Now I can say that I have reached my highest goal in life: FLUENCY. At times I still have slight hesitation in situations when I am over anxious or emotional: using a metaphor, I can say that I've reached the top of a pyramid and there is only a tiny step to complete success. With your help and suggestions it won't take long now. Thank you for everything, you have given me a new chance to live my youth: at 20 years of age I can finally speak my thoughts and adventures to anyone. A warm and affectionate thank you."



10 year old boy

### TREATMENT: INDIVIDUAL THERAPY

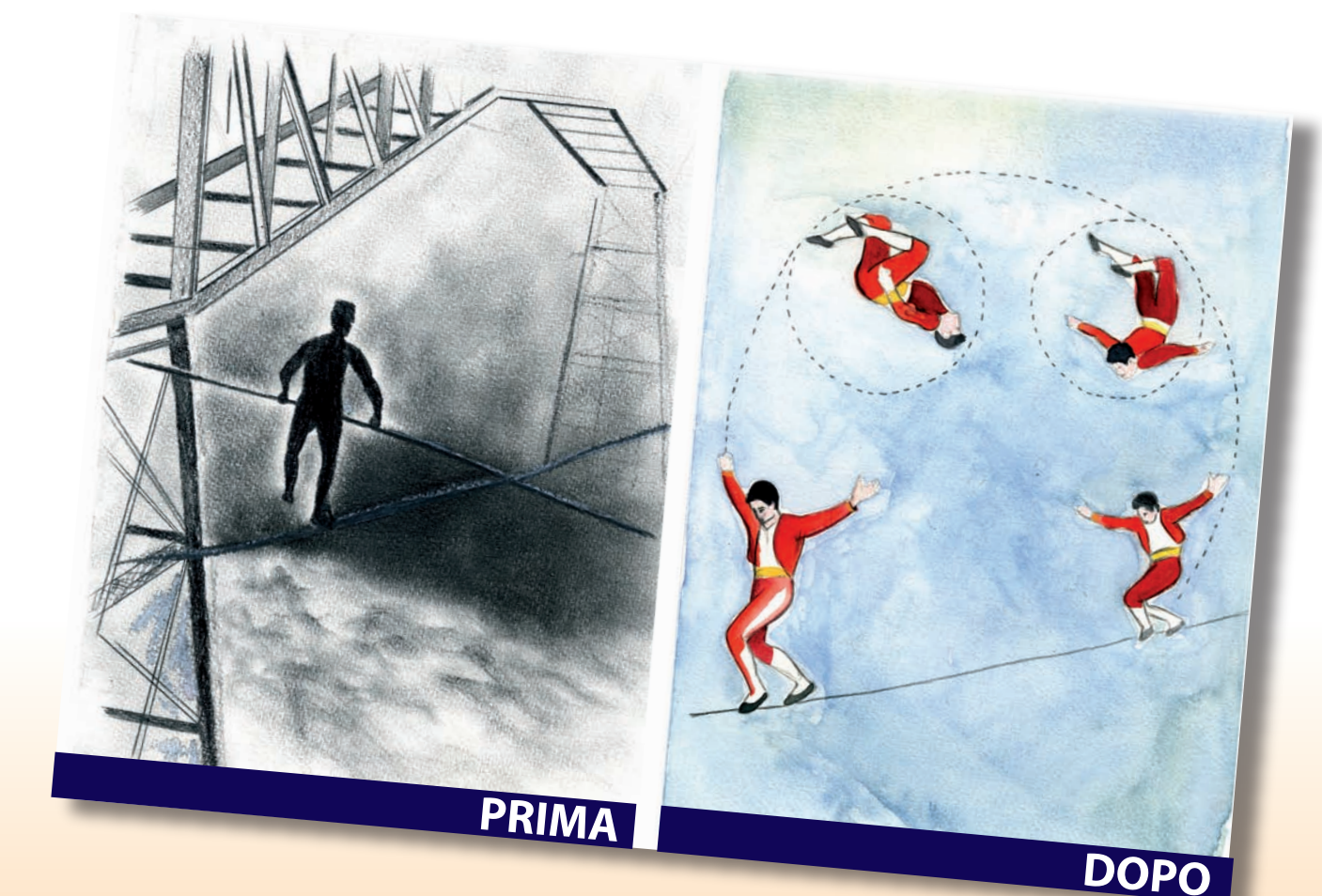
Patients with clinical alterations of various nature and gravity. For example, it is significant to mention the success achieved with Down Syndrome patients as well as others with slight mental deficiency.



11 year old boy

### INDIVIDUAL AND GROUP CONTROL AND CHECKUPS

Follow up at prearranged intervals or checkup to monitor the newly acquired fluency..



28 year young man

### Bibliografia: R. Rocca G. Stendoro:

- **La Balbuzie: una tecnica per sconfiggerla**, Armando Editore, Roma 2008
- **Counseling con l'intervento della Procedura Immaginativa** Armando Editore, Roma 2006.
- **Psicosomatica: una risposta dall'Immaginario**, Armando Editore, Roma 2005.
- **Vincere la Balbuzie**, Armando Editore, Roma 2002.